

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 18 Oct 2011

		Restriction of distribution Fukushima prefecture	
whole area		Individual areas	
raw milk	3/21~ (excluding areas listed on the right cells)	3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi	
		3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharuru-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furdono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi	
non-head type leafy vegetables, e.g. spinach, komatsuna	spinach, kakina	3/21~4/21 Soma-shi, Shinchi-machi	
	all the other	3/21~5/7 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)	
head type leafy vegetables, e.g. cabbage	3/23~ (excluding areas listed on the right cells)	3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
flowerhead brassicas, e.g. broccoli, cauliflower	3/23~ (excluding areas listed on the right cells)	3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
		3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
turnip	3/23~ (excluding areas listed on the right cells)	3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
		3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura	
log-grown shitake (grown outdoor)	-	3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
		3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamakawa-mura, Hirata-mura, Asakawa-machi, Furdono-machi, Miharuru-machi, Ono-machi	
log-grown shitake (hothouse cultivation)	-	3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
		3/23~5/18 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura	
wild mushroom	-	3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
		3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furdono-machi, Miharuru-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura	
bamboo shoot	-	3/23~5/18 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura	
		3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
ostrich fern	-	4/13~: Date-shi, Itate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawarata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawachi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		4/18~: Fukushima-shi	
ume	-	4/13~4/25 Iwaki-shi	
		4/25~: Motomiya-shi	
yuzu	-	4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		4/13~5/23 Kawachi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
chestnut	-	10/18~: Nihonmatsu-shi	
		7/19~: Date-shi	
sand lance (juvenile)	4/20~	7/22~: Shinchi-machi	
		7/19~9/7 Motomiya-shi	
cherry salmon yamame (excluding farmed fish)	-	6/8~: Tenakura-machi, Furdono-machi (limited to wild mushroom belonging to mycorrhizal fungi)	
		Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furdono-machi, Miharuru-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Asakawa-machi, Furdono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
japanese dace	-	9/15~: Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawachi-mura, Katsurao-mura, Itate-mura	
		10/18~: Kitakata-shi	
ayu (excluding farmed fish)	-	5/9~: Date-shi, Soma-shi, Miharuru-machi	
		5/13~ Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura	
meat/egg beef	7/19~ (8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	5/9~5/30 Hirata-mura	
		5/9~6/8 Iwaki-shi	
		5/9~6/21 Tenei-mura	
		5/13~6/21 Kunimi-machi	
		6/9~: Fukushima-shi, Kori-machi	
		6/2~: Fukushima-shi, Date-shi, Kori-machi	
		6/8~: Soma-shi, Minamisoma-shi	
		6/28~: Fukushima-shi, Minamisoma-shi	
		10/14~: Date-shi, Kori-machi	
		6/20~: Date-shi, Minamisoma-shi	
fishery product	-	6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Su River), Abukuma River (including its branches but limiting inside Fukushima prefecture)	
		6/17~: Mano River (including its branches)	
meat/egg beef	-	6/17~: Mano River (including its branches)	
		6/27~: Abukuma River (limiting lower reaches from Shirabu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
		6/27~: Abukuma River (limiting lower reaches from Shirabu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 18 Oct 2011

			Restriction of distribution													
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture		Chiba prefecture		Kanagawa prefecture		Miyagi prefecture		Iwate prefecture	
			whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas
raw milk			3/23~4/10		-	-	-	-	-	-	-	-	-	-	-	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~4/17 <i>excluding areas listed on the right cells</i>	3/21~6/1 Kitaibaraki-shi, Takahagi-shi	3/21~4/27	3/21~4/21 Nasushiobara-shi, Shioya-machi	3/21~4/8	-	-	4/4~4/22 Asahi-shi, Katori-shi, Tako-machi	-	-	-	-		
		kakina	3/21~4/17	-	3/21~4/14	-	3/21~4/8	-	-	-	-	-	-	-		
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	-	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-	
	parsley	3/23~4/17	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-		
	celery	-	-	-	-	-	-	-	4/4~4/22 Asahi-shi	-	-	-	-	-		
	log-grown shiitake (outdoor)	-	10/14~ Tsuchikura-shi, Namegata-shi, Hokota-shi, Omitama-shi	-	-	-	-	-	10/11~ Abiko-shi, Kimitsu-shi	-	-	-	-	-		
	log-grown shiitake (hothouse cultivation)	-	10/14~ Tsuchikura-shi, Hokota-shi	-	-	-	-	-	-	-	-	-	-	-		
meat	beef	-	-	8/2~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>	-	-	-	-	-	-	7/28~ <i>(8/19~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)</i>	-	8/1~ <i>(8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture)</i>	-		
others	tea leaf	6/2~ <i>(excluding areas listed on the right cell)</i>	6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	-	6/2~ Kanuma-shi, Ootawara-shi 7/8~ Tochigi-shi	-	6/30~ Shibukawa-shi, Kiryu-shi	-	6/2~ Noda-shi, Narita-shi, Yachimata-shi, Tomisato-shi, Sannur-shi 7/4~ Katsuura-shi	-	6/2~ Odawara-shi, Manazuru-machi, Yugawara-machi 6/23~ Sagamihara-shi 6/27~ Nakai-machi	-	-	-		
									6/2~9/7 Ooamishirasato-machi		6/2~9/29 Minamiashigara-shi 6/23~9/12 Matsuda-machi, Yamakita-machi 6/2~10/14 Aikawa-machi, Kiyokawa-mura					

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The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 18 Oct 2011

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	3/23~ <i>5/4</i> Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/23~ <i>5/11</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			3/23~ <i>5/25</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			3/23~ <i>6/1</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			3/23~ <i>6/23</i> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
	head type leafy vegetables, e.g. cabbage	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	3/23~ <i>4/27</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			3/23~ <i>5/4</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
			3/23~ <i>5/11</i> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			3/23~ <i>5/25</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	flowerhead brassicas, e.g. broccoli, cauliflower	<i>3/23~</i> <i>(excluding areas listed on the right cell)</i>	3/23~ <i>4/27</i> Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
3/23~ <i>5/4</i> Iwaki-shi			
3/23~ <i>5/11</i> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi			
3/23~ <i>5/18</i> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi			
3/23~ <i>6/15</i> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura			
log-grown shiitake (grown outdoor)	-	4/13~ <i>Iidate-mura</i>	
wild mushroom	-	9/8~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
		9/15~ <i>Iwaki-shi, Tanagura-machi</i>	
		9/20~ <i>Minamisoma-shi</i>	
fishery product	sand lance (juvenile)	4/20~	-

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